

**2009 PENTATHLON RESULTS**

<b>Girls - EAST</b>											
<u>Last Name</u>	<u>EAST/WEST</u>	<u>School</u>	<u>100m</u>	<u>400m</u>	<u>1600m</u>	<u>Long Jump</u>	<u>Shot Put</u>	<u>Total</u>	<u>Place</u>	<u>Points</u>	
Christina Farwick	WEST	ST. JAMES WHITE OAK	10	10	10	10	8	48	1	10	
Alaina Kappner	EAST	SMAC RUNNING CLUB	2	6	1	8	10	27	2	8	
Jessie Ewen	EAST	SMAC RUNNING CLUB	8	8	6	4		26	3	6	
Chrissy Spears	WEST	ST. IGNATIUS	4	4	4	6	4	22	4	4	
Quinn Scheiner	WEST	ST. CATHARINE	6	2	8	2	2	20	5	2	
Caroline Hertzell	EAST	ST GERTRUDE				1	6	7	6	1	
Lisa Dlima	WEST	ST. CATHARINE	1	1	2			4	7	-	
Lauren Krebs	WEST	OUR LADY OF GRACE					1	1	8	-	

## 2009 SMAC Running Club, 7th-8th Grade SMAC Track Meet

## East-West All-Star Invitational

04/26/2009 - 04/26/2009

## Lakota West High School

**Event # 29 GIRLS Pentathlon 100m Dash**

# MEET RECORD:Brooke Ingle St. John 13.54 2006

1	Christina Farwick	ST. JAMES WHITE OAK	12.91	#
2	Jessie Ewen	SMAC RUNNING CLUB	13.72	
3	Ouinn Scheiner	ST. CATHARINE	14.02	
4	Chrissy Spears	ST. IGNATIUS	14.04	
5	Alaina Kappner	SMAC RUNNING CLUB	14.28	
6	Lisa Dlima	ST. CATHARINE	14.37	
7	Caroline Hertzelt	ST GERTRUDE	15.00	
8	Natalie Geraci	ST.JOHN THE BAPTIST	15.25	

**Event # 31 GIRLS Pentathlon 400m Run**

#MEET RECORD:K.Maricocchi SMAC Track 1:03.98 2008

1	Christina Farwick	ST. JAMES WHITE OAK	1:05.69
2	Jessie Ewen	SMAC RUNNING CLUB	1:10.22
3	Alaina Kappner	SMAC RUNNING CLUB	1:10.84
4	Chrissy Spears	ST. IGNATIUS	1:12.06
5	Ouinn Scheiner	ST. CATHARINE	1:13.25
6	Lisa Dlima	ST. CATHARINE	1:15.47
7	Caroline Hertzelt	ST GERTRUDE	1:15.79
8	Lauren Krebs	OUR LADY OF GRACE	1:16.38

**Event # 33 GIRLS Pentathlon 1600m Run**

#MEET RECORD:K.Maricocchi SMAC Track 5:41.66 2008

1	Christina Farwick	ST. JAMES WHITE OAK	6:30.33
2	Ouinn Scheiner	ST. CATHARINE	6:32.51
3	Jessie Ewen	SMAC RUNNING CLUB	6:32.53
4	Chrissy Spears	ST. IGNATIUS	6:45.69
5	Lisa Dlima	ST. CATHARINE	6:47.43
6	Alaina Kappner	SMAC RUNNING CLUB	6:50.22
7	Caroline Hertzelt	ST GERTRUDE	7:20.37
8	Lauren Krebs	OUR LADY OF GRACE	8:14.78

**Event # 35 GIRLS Pentathlon Long Jump**

#MEET RECORD:M.Weaver St. James 14'07.75" 2008

1	Christina Farwick	ST. JAMES WHITE OAK	14'06.50"
2	Alaina Kappner	SMAC RUNNING CLUB	13'05.00"
3	Chrissy Spears	ST. IGNATIUS	13'04.50"
4	Jessie Ewen	SMAC RUNNING CLUB	11'11.00"
4	Ouinn Scheiner	ST. CATHARINE	11'11.00"
6	Caroline Hertzelt	ST GERTRUDE	11'08.50"
7	Lauren Krebs	OUR LADY OF GRACE	11'05.50"
8	Lisa Dlima	ST. CATHARINE	11'05.00"

**Event # 37 GIRLS Pentathlon Shot Put**

#MEET RECORD:K.Vonderden Mother Teresa 26'10.50" 2008

1	Alaina Kappner	SMAC RUNNING CLUB	24'11.00"
2	Christina Farwick	ST. JAMES WHITE OAK	23'06.00"
3	Caroline Hertzelt	ST GERTRUDE	23'03.00"
4	Chrissy Spears	ST. IGNATIUS	21'06.00"
5	Ouinn Scheiner	ST. CATHARINE	20'05.00"
6	Lauren Krebs	OUR LADY OF GRACE	20'02.00"
7	Jessie Ewen	SMAC RUNNING CLUB	18'07.00"
8	Lisa Dlima	ST. CATHARINE	17'00.00"