

SMAC East-West All Star Invitational Track Meet ----- May 7, 2011 ----- Overall Boys Results

West 72
East 55

Outstanding Meet Performer
Chase Pankey, St. Bart/Vivian

Pentathlon Winner
Ronnie Fricke, SMAC

2011 PENTATHLON RESULTS

1	Name	EAST/WEST	School	Place	Pts	Total	100 Meter Dash		400 Meter Run		1500 Meter Run		Long Jump		Shot Put		
							Seconds	Points	Minutes	Seconds	Points	Minutes	Seconds	Points	Feet	Inches	Points
2	Ronald Fricke	East	SMAC	1	10	2626	12.11 Sec.	630		: 56.69	533	4 : 51.00	613	16 '03.00 "	374	32 '03.00 "	476
3	Nick Pangallo	West	Our Lady of Visitation	2	8	2576	12.58 Sec.	542		: 58.92	451	4 : 47.00	637	15 '11.00 "	355	38 '06.00 "	591
4	Cole Jones	West	Mother Teresa	3	6	2003	12.81 Sec.	501	1 : 06.31	224	5 : 56.00	281	15 '05.50 "	329	42 '08.00 "	668	
5	Eric Huff	West	St. Catharine	4	4	1911	13.38 Sec.	406	1 : 01.28	371	4 : 59.00	566	14 '00.00 "	250	23 '06.00 "	317	
6	Jacob Vaughn	East	St. Thomas More	5	2	1672	13.33 Sec.	414	1 : 08.00	183	5 : 53.00	294	13 '11.00 "	246	35 '06.00 "	536	
7	Logan Neiheisel	West	St. Ignatius	6	1	1522	13.49 Sec.	389	1 : 06.56	218	6 : 09.00	229	14 '10.50 "	297	27 '06.00 "	389	
8	Reuben Smiley	East	St. Francis DeSales WH	7		1476	13.20 Sec.	435	1 : 10.96	119	7 : 08.00	56	15 '07.50 "	338	35 '01.00 "	528	
9	Ben Tosh	East	St. Francis DeSales Lebanon	8		1420	14.37 Sec.	262	1 : 09.81	142	5 : 46.00	325	12 '10.50 "	194	33 '04.50 "	497	
10	Nick Wright	East	St. Gertrude	9		1334	14.71 Sec.	220	1 : 07.24	201	5 : 52.00	298	12 '09.25 "	189	29 '06.00 "	426	
11	Frankie Milazzo	West	St. Catharine	10		1332	14.24 Sec.	280	1 : 07.28	200	5 : 26.00	420	11 '02.00 "	117	23 '04.50 "	315	
12	Kevin Kehres	East	Immaculate Heart of Mary	11		1228	15.40 Sec.	143	1 : 11.31	112	5 : 18.00	461	12 '02.00 "	161	25 '04.00 "	350	
13	Mitch Poch	East	St. Gertrude	12		1227	14.74 Sec.	216	1 : 08.25	177	5 : 40.00	352	12 '10.00 "	192	22 '00.00 "	291	
14	Jonnie Meyer	West	Mother Teresa	13		1130	15.34 Sec.	149	1 : 10.66	125	5 : 43.00	338	13 '00.00 "	200	23 '06.00 "	317	
15	Slaton Brummett	East	St. Clement	SCR		0	Sec.	0	:	0	:	0	' "	0	' "	0	

2011 SMAC Running Club, 7th-8th Grade SMAC Track Meet

East-West All-Star Invitational

05/07/2011 - 05/07/2011

Milford High School

Event # 30 BOYS Pentathlon 100m Dash

MEET RECORD: Noah Rich Sacred Heart 11.10 2009

1	Ronald Fricke	SMAC RUNNING CLUB	12.11
2	Nick Pangallo	OUR LADY OF VISITATI	12.58
3	Cole Jones	MOTHER TERESA	12.81
4	Reuben Smilev	ST. FRAN. DESALES WH	13.20
5	Jacob Vaughn	ST. THOMAS MORE	13.33
6	Eric Huff	ST. CATHARINE	13.38
7	Logan Neiheisel	ST. IGNATIUS	13.49
8	Frankie Milazzo	ST. CATHARINE	14.24
9	Ben Tosh	ST. FRAN. DESALES L	14.37
10	Nick Wright	ST. GERTRUDE	14.71
11	Mitch Poch	ST. GERTRUDE	14.74
12	Johnnie Mever	MOTHER TERESA	15.34
13	Kevin Kehres	IMMACULATE HEART OF	15.40

Event # 32 BOYS Pentathlon 400m Dash

#MEET RECORD: J.Ratterman Our Lady of Visitati 56.77 2010

1	Ronald Fricke	SMAC RUNNING CLUB	56.69#
2	Nick Pangallo	OUR LADY OF VISITATI	58.12
3	Eric Huff	ST. CATHARINE	1:01.28
4	Cole Jones	MOTHER TERESA	1:06.31
5	Logan Neiheisel	ST. IGNATIUS	1:06.56
6	Nick Wright	ST. GERTRUDE	1:07.24
7	Frankie Milazzo	ST. CATHARINE	1:07.28
8	Jacob Vaughn	ST. THOMAS MORE	1:08.00
9	Mitch Poch	ST. GERTRUDE	1:08.25
10	Ben Tosh	ST. FRAN. DESALES L	1:09.81
11	Johnnie Mever	MOTHER TERESA	1:10.66
12	Reuben Smilev	ST. FRAN. DESALES WH	1:10.96
13	Kevin Kehres	IMMACULATE HEART OF	1:11.31

Event # 34 BOYS Pentathlon 1500m Run

#MEET RECORD: J.Ratterman Our Lady of Visitati 4:46.66 2010

1	Nick Pangallo	OUR LADY OF VISITATI	4:47.00
2	Ronald Fricke	SMAC RUNNING CLUB	4:51.00
3	Eric Huff	ST. CATHARINE	4:59.00
4	Kevin Kehres	IMMACULATE HEART OF	5:18.00
5	Frankie Milazzo	ST. CATHARINE	5:26.00
6	Mitch Poch	ST. GERTRUDE	5:40.00
7	Johnnie Mever	MOTHER TERESA	5:43.00
8	Ben Tosh	ST. FRAN. DESALES L	5:46.00
9	Nick Wright	ST. GERTRUDE	5:52.00
10	Jacob Vaughn	ST. THOMAS MORE	5:53.00
11	Cole Jones	MOTHER TERESA	5:56.00
12	Logan Neiheisel	ST. IGNATIUS	6:09.00
13	Reuben Smilev	ST. FRAN. DESALES WH	7:08.00

Event # 36 BOYS Pentathlon Long Jump

#MEET RECORD: N.Eckstein St. Gertrude 17'04.50" 2007

1	Ronald Fricke	SMAC RUNNING CLUB	16'03.00"
2	Nick Pangallo	OUR LADY OF VISITATI	15'11.00"
3	Reuben Smilev	ST. FRAN. DESALES WH	15'07.50"

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4	Cole Jones	MOTHER TERESA	15'05.50"
5	Logan Neiheisel	ST. IGNATIUS	14'10.50"
6	Eric Huff	ST. CATHARINE	14'00.00"
7	Jacob Vaughn	ST. THOMAS MORE	13'11.00"
8	Johnnie Mever	MOTHER TERESA	13'00.00"
9	Ben Tosh	ST. FRAN. DESALES L	12'10.50"
10	Mitch Poch	ST. GERTRUDE	12'10.00"
11	Nick Wright	ST. GERTRUDE	12'09.25"
12	Kevin Kehres	IMMACULATE HEART OF	12'02.00"
13	Frankie Milazzo	ST. CATHARINE	11'02.00"

Event # 38 BOYS Pentathlon Shot Put

MEET RECORD:Sam Joines SMAC Track 44'03.00" 2010

1	Cole Jones	MOTHER TERESA	42'08.00"
2	Nick Pangallo	OUR LADY OF VISITATI	38'06.00"
3	Jacob Vaughn	ST. THOMAS MORE	35'06.00"
4	Reuben Smilev	ST. FRAN. DESALES WH	35'01.00"
5	Ben Tosh	ST. FRAN. DESALES L	33'04.50"
6	Ronald Fricke	SMAC RUNNING CLUB	32'03.00"
7	Nick Wright	ST. GERTRUDE	29'06.00"
8	Logan Neiheisel	ST. IGNATIUS	27'06.00"
9	Kevin Kehres	IMMACULATE HEART OF	25'04.00"
10	Eric Huff	ST. CATHARINE	23'06.00"
10	Johnnie Mever	MOTHER TERESA	23'06.00"
12	Frankie Milazzo	ST. CATHARINE	23'04.50"
13	Mitch Poch	ST. GERTRUDE	22'00.00"