

**SMAC East-West All Star Invitational Track Meet -----April 30, 2016 ----- Overall Girls Results**

**West 36**  
**East 91**

**Outstanding Meet Performer**  
**Willow Kenneda - St. Louis**

**Pentathlon Winner**  
**Paige Murdock - SMAC**

**2016 PENTATHLON RESULTS**

Girls					100 Meter Dash		400 Meter Run			1500 Meter Run			Long Jump		Shot Put			
Name	EAST/WEST	School	Place	Total	Seconds	Points	Minutes	Seconds	Points	Minutes	Seconds	Points	Feet	Inches	Points	Feet	Inches	Points
Paige Murdock	EAST	SMAC RUNNING CLUB	1	10	13.76 Sec.	643	1	: 05.24	505	5	: 31.86	629	13	' 02.00 "	311	20	' 01.00 "	279
Joely Virzi	EAST	SMAC RUNNING CLUB	2	8	13.20 Sec.	735	1	: 07.40	432	5	: 52.98	512	12	' 10.00 "	288	20	' 04.00 "	284
Rachel Tebbe	EAST	ST. FRANCIS OF DeSALES L	3	6	14.15 Sec.	581	1	: 12.86	273	5	: 53.28	510	13	' 05.00 "	329	21	' 06.00 "	307
MacKenzie Ricketts	EAST	MARS HILL ACADEMY	4	4	14.06 Sec.	595	1	: 12.89	272	7	: 03.94	202	13	' 08.00 "	347	32	' 10.00 "	530
Ella Hanlon	EAST	SMAC RUNNING CLUB	5	2	15.15 Sec.	437	1	: 09.08	380	5	: 54.23	505	11	' 10.00 "	222	22	' 10.00 "	333
Annie Welage	EAST	ST. LOUIS	6	1	14.45 Sec.	536	1	: 15.34	211	6	: 41.73	285	12	' 09.00 "	283	20	' 02.00 "	281
Emily Schaeper	WEST	MOTHER TERESA	7		14.83 Sec.	481	1	: 12.86	273	7	: 18.00	157	13	' 08.00 "	347	21	' 01.00 "	299
Isabel Schrinner	EAST	ST. LOUIS	8		14.62 Sec.	511	1	: 14.78	225	6	: 41.35	286	11	' 08.00 "	212	21	' 07.00 "	309
Sam Harold	WEST	MOTHER TERESA	9		15.03 Sec.	453	1	: 14.47	232	6	: 24.00	360	10	' 08.00 "	152	19	' 04.00 "	265
Claudia Deters	WEST	OUR LADY OF VISITATION	10		15.61 Sec.	377	1	: 19.27	129	6	: 49.84	253	12	' 05.00 "	260	18	' 08.00 "	252
Ellie Ramer	WEST	OUR LADY OF VISITATION	11		16.41 Sec.	282	1	: 19.40	126	6	: 45.67	269	9	' 05.00 "	86	18	' 04.00 "	246

**2016 SMAC Running Club, 7th-8th Grade SMAC Track Meet**

**East-West All-Star Invitational**

5/1/2016

4/30/16 - 4/30/16

**Milford High School**

***Event # 29 GIRLS Pentathlon 100m Dash***

#MEET RECORD:C.Farwick St. James White Oak 12.91 2009

1	Joely Virzi	SMAC RUNNING CLUB	13.20
2	Paige Murdock	SMAC RUNNING CLUB	13.76
3	Mackenzie Ricketts	MARS HILL ACADEMY	14.06
4	Rachel Tebbe	ST. FRAN. DESALES L	14.15
5	Annie Welage	ST. LOUIS	14.45
6	Isabel Schrinner	ST. LOUIS	14.62
7	Emily Schaeper	MOTHER TERESA	14.83
8	Sam Harold	MOTHER TERESA	15.03
9	Ella Hanlon	SMAC RUNNING CLUB	15.15
10	Claudia Deters	OUR LADY OF VISITATI	15.61
11	Ellie Ramer	OUR LADY OF VISITATI	16.41

***Event # 31 GIRLS Pentathlon 400m Dash***

#MEET RECORD:A.Herriott SMAC Track 1:03.89 2013

1	Paige Murdock	SMAC RUNNING CLUB	1:05.24
2	Joely Virzi	SMAC RUNNING CLUB	1:07.40
3	Ella Hanlon	SMAC RUNNING CLUB	1:09.08
4	Rachel Tebbe	ST. FRAN. DESALES L	1:12.19
5	Emily Schaeper	MOTHER TERESA	1:12.86
6	Mackenzie Ricketts	MARS HILL ACADEMY	1:12.89
7	Sam Harold	MOTHER TERESA	1:14.47
8	Isabel Schrinner	ST. LOUIS	1:14.78
9	Annie Welage	ST. LOUIS	1:15.34
10	Claudia Deters	OUR LADY OF VISITATI	1:19.27
11	Ellie Ramer	OUR LADY OF VISITATI	1:19.40

***Event # 33 GIRLS Pentathlon 1500m Run***

#MEET RECORD:A.Herriott SMAC Track 5:09.73 2013

1	Paige Murdock	SMAC RUNNING CLUB	5:31.86
2	Joely Virzi	SMAC RUNNING CLUB	5:52.98
3	Rachel Tebbe	ST. FRAN. DESALES L	5:53.28
4	Ella Hanlon	SMAC RUNNING CLUB	5:54.23
5	Sam Harold	MOTHER TERESA	6:24.00
6	Isabel Schrinner	ST. LOUIS	6:41.35
7	Annie Welage	ST. LOUIS	6:41.73
8	Ellie Ramer	OUR LADY OF VISITATI	6:45.67
9	Claudia Deters	OUR LADY OF VISITATI	6:49.84
10	Mackenzie Ricketts	MARS HILL ACADEMY	7:03.94
11	Emily Schaeper	MOTHER TERESA	7:18.86

***Event # 35 GIRLS Pentathlon Long Jump***

#MEET RECORD:M.Weaver St. James 14'07.75" 2008

1	Emily Schaeper	MOTHER TERESA	13'08.00"
2	Mackenzie Ricketts	MARS HILL ACADEMY	13'08.00"
3	Rachel Tebbe	ST. FRAN. DESALES L	13'05.00"
4	Paige Murdock	SMAC RUNNING CLUB	13'02.00"
5	Joely Virzi	SMAC RUNNING CLUB	12'10.00"
6	Annie Welage	ST. LOUIS	12'09.00"
7	Claudia Deters	OUR LADY OF VISITATI	12'05.00"
8	Ella Hanlon	SMAC RUNNING CLUB	11'10.00"
9	Isabel Schrinner	ST. LOUIS	11'08.00"
10	Sam Harold	MOTHER TERESA	10'08.00"
11	Ellie Ramer	OUR LADY OF VISITATI	9'05.00"

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**Event # 37 GIRLS Pentathlon Shot Put**

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#MEET RECORD:K.Daly Holy Family-Midtwtn 27'00.00" 2015

1	Mackenzie Ricketts	MARS HILL ACADEMY	<b>32'10.00" #</b>
2	Ella Hanlon	SMAC RUNNING CLUB	<b>22'10.00"</b>
3	Isabel Schrinner	ST. LOUIS	<b>21'07.00"</b>
4	Rachel Tebbe	ST. FRAN. DESALES L	<b>21'06.00"</b>
5	Emily Schaeper	MOTHER TERESA	<b>21'01.00"</b>
6	Joely Virzi	SMAC RUNNING CLUB	<b>20'04.00"</b>
7	Annie Welage	ST. LOUIS	<b>20'02.00"</b>
8	Paige Murdock	SMAC RUNNING CLUB	<b>20'01.00"</b>
9	Sam Harold	MOTHER TERESA	<b>19'04.00"</b>
10	Claudia Deters	OUR LADY OF VISITATI	<b>18'08.00"</b>
11	Ellie Ramer	OUR LADY OF VISITATI	<b>18'04.00"</b>