

2017 PENTATHLON RESULTS - Updated Results

Girls					100 Meter Dash		400 Meter Run			1500 Meter Run			Long Jump			Shot Put		
Name	EAST/WEST	School	Place	Total	Seconds	Points	Minutes	Second	Points	Minutes	Seconc	Points	Feet	Inches	Points	Feet	Inches	Points
Paige Murdock	EAST	SMAC Running Club	1	2735	13.53 Sec.	680	1 : 02.29	611	5 : 18.90	706	14 ' 03.00 "	390	23 ' 07.00 "	348				
Jasmine Haas	EAST	St. Thomas More	2	2441	13.10 Sec.	753	1 : 04.91	516	6 : 13.00	411	14 ' 05.50 "	405	24 ' 00.00 "	356				
Aly Prasinos	WEST	Mother Teresa	3	2401	13.65 Sec.	660	1 : 03.51	566	5 : 42.37	569	13 ' 06.50 "	338	19 ' 05.50 "	267				
Rachel Tebbe	EAST	St. Francis deSales (Lebanon)	4	2361	13.57 Sec.	673	1 : 09.22	376	5 : 53.00	511	14 ' 01.00 "	377	27 ' 05.00 "	423				
Emma Trusock	WEST	Mother Teresa	5	2311	14.01 Sec.	603	1 : 05.76	487	6 : 06.00	445	14 ' 09.00 "	428	23 ' 08.00 "	349				
Kaylee Pham	WEST	Holy Family (Middletown)	6	1933	14.44 Sec.	538	1 : 11.49	310	6 : 04.00	455	12 ' 08.00 "	277	23 ' 11.00 "	354				
Maria Weyer	WEST	St. Ignatius	7	1890	14.95 Sec.	464	1 : 10.02	352	5 : 41.00	577	11 ' 11.00 "	228	19 ' 07.00 "	270				
Sophia Taylor	EAST	SMAC Running Club	8	1801	14.93 Sec.	467	1 : 15.00	219	5 : 40.36	580	13 ' 02.00 "	311	17 ' 02.00 "	223				
Ellie Scheffter	EAST	St. Louis (Owensville)	9	1594	15.16 Sec.	436	1 : 13.65	252	6 : 24.00	360	11 ' 11.00 "	228	22 ' 01.00 "	318				
Julia Brisken	EAST	SMAC Running Club	10	1593	14.95 Sec.	464	1 : 11.23	317	6 : 30.00	334	12 ' 07.50 "	274	16 ' 02.00 "	204				
Payton Robinson	EAST	SMAC Running Club	11	1324	15.86 Sec.	346	1 : 18.62	141	6 : 08.00	435	9 ' 11.00 "	111	20 ' 08.00 "	291				
Keelin Elmer	WEST	Our Lady of Grace	12	1280	15.69 Sec.	367	1 : 17.22	169	6 : 00.00	475	8 ' 04.00 "	39	17 ' 06.00 "	230				
Megan Raab	EAST	St. Louis (Owensville)	13	1246	15.63 Sec.	374	1 : 15.86	199	6 : 58.00	223	11 ' 03.00 "	186	19 ' 03.00 "	263				
Caroline Weisgerber	EAST	SMAC Running Club	14	955	16.95 Sec.	225	1 : 21.74	86	6 : 37.00	304	9 ' 10.00 "	107	17 ' 08.00 "	233				
Liberty Anderson	WEST	Immanuel Lutheran School	15	427	18.03 Sec.	0	1 : 31.00	0	8 : 32.00	0	10 ' 01.00 "	120	21 ' 06.00 "	307				

2017 PENTATHLON RESULTS

Girls						100 Meter Dash		400 Meter Run			1500 Meter Run			Long Jump			Shot Put		
Name	EAST/WEST	School	Place	Pts.	Total	Seconds	Points	Minutes	Second	Points	Minutes	Second	Points	Feet	Inches	Points	Feet	Inches	Points
Paige Murdock	EAST	SMAC Running Club	1	10	2735	13.53 Sec.	680	1	: 02.29	611	5	: 18.90	706	14	' 03.00 "	390	23	' 07.00 "	348
Aly Prasinis	WEST	Mother Teresa	2	8	2401	13.65 Sec.	660	1	: 03.51	566	5	: 42.37	569	13	' 06.50 "	338	19	' 05.50 "	267
Jasmine Haas	EAST	St. Thomas More	3	6	2277	13.10 Sec.	753	1	: 04.91	516	6	: 51.29	247	14	' 05.50 "	405	24	' 00.00 "	356
Rachel Tebbe	EAST	St. Francis deSales (Lebanon)	4	4	2177	13.57 Sec.	673	1	: 09.22	376	6	: 31.35	328	14	' 01.00 "	377	27	' 05.00 "	423
Emma Trusock	WEST	Mother Teresa	5	2	2139	14.01 Sec.	603	1	: 05.76	487	6	: 44.72	273	14	' 09.00 "	428	23	' 08.00 "	349
Sophia Taylor	EAST	SMAC Running Club	6	1	1801	14.93 Sec.	467	1	: 15.00	219	5	: 40.36	580	13	' 02.00 "	311	17	' 02.00 "	223
Kaylee Pham	WEST	Holy Family (Middletown)	7		1759	14.44 Sec.	538	1	: 11.49	310	6	: 42.73	281	12	' 08.00 "	277	23	' 11.00 "	354
Maria Weyer	WEST	St. Ignatius	8		1693	14.95 Sec.	464	1	: 10.02	352	6	: 19.75	379	11	' 11.00 "	228	19	' 07.00 "	270
Julia Brisken	EAST	SMAC Running Club	9		1448	14.95 Sec.	464	1	: 11.23	317	7	: 07.98	188	12	' 07.50 "	274	16	' 02.00 "	204
Ellie Scheffter	EAST	St. Louis (Owensville)	10		1442	15.16 Sec.	436	1	: 13.65	252	7	: 02.19	208	11	' 11.00 "	228	22	' 01.00 "	318
Payton Robinson	EAST	SMAC Running Club	11		1155	15.86 Sec.	346	1	: 18.62	141	6	: 46.49	266	9	' 11.00 "	111	20	' 08.00 "	291
Megan Raab	EAST	St. Louis (Owensville)	12		1128	15.63 Sec.	374	1	: 15.86	199	7	: 36.55	105	11	' 03.00 "	186	19	' 03.00 "	263
Keelin Elmer	WEST	Our Lady of Grace	13		1101	15.69 Sec.	367	1	: 17.22	169	6	: 38.89	296	8	' 04.00 "	39	17	' 06.00 "	230
Caroline Weisgerber	EAST	SMAC Running Club	14		814	16.95 Sec.	225	1	: 21.74	86	7	: 15.82	163	9	' 10.00 "	107	17	' 08.00 "	233
Liberty Anderson	WEST	Immanuel Lutheran School	15		427	18.03 Sec.	0	1	: 31.00	0	9	: 10.19	0	10	' 01.00 "	120	21	' 06.00 "	307

2017 SMAC Running Club, 7th-8th Grade SMAC Track Meet

East-West All-Star Invitational

4/30/2017

4/29/17 - 4/29/17

Milford High School

Event # 29 GIRLS Pentathlon 100m Dash

#MEET RECORD:C.Farwick St. James White Oak 12.91 2009

1	Jasmine Haas	ST. THOMAS MORE	13.10
2	Paige Murdock	SMAC RUNNING CLUB	13.53
3	Rachel Tebbe	ST. FRAN. DESALES L	13.57
4	Aly Prasinis	MOTHER TERESA	13.65
5	Emma Trusock	MOTHER TERESA	14.01
6	Kaylee Pham	HOLY FAMILY (MIDDLET	14.44
7	Sophia Taylor	SMAC RUNNING CLUB	14.93
8	Maria Weyer	ST. IGNATIUS	14.95
8	Julia Brisken	SMAC RUNNING CLUB	14.95
10	Ellie Scheffter	ST. LOUIS	15.16
11	Megan Raab	ST. LOUIS	15.63
12	Keelin Elmer	OUR LADY OF GRACE	15.69
13	Payton Robinson	SMAC RUNNING CLUB	15.86
14	Caroline Weisgerber	SMAC RUNNING CLUB	16.95
15	Liberty Anderson	IMMANUEL LUTHERAN SC	18.03

Event # 31 GIRLS Pentathlon 400m Dash

#MEET RECORD:A.Herriott SMAC Track 1:03.89 2013

1	Paige Murdock	SMAC RUNNING CLUB	1:02.29 #
2	Aly Prasinis	MOTHER TERESA	1:03.51 #
3	Jasmine Haas	ST. THOMAS MORE	1:04.91
4	Emma Trusock	MOTHER TERESA	1:05.76
5	Rachel Tebbe	ST. FRAN. DESALES L	1:09.22
6	Maria Weyer	ST. IGNATIUS	1:10.02
7	Julia Brisken	SMAC RUNNING CLUB	1:11.23
8	Kaylee Pham	HOLY FAMILY (MIDDLET	1:11.49
9	Ellie Scheffter	ST. LOUIS	1:13.65
10	Sophia Taylor	SMAC RUNNING CLUB	1:15.00
11	Megan Raab	ST. LOUIS	1:15.86
12	Keelin Elmer	OUR LADY OF GRACE	1:17.22
13	Payton Robinson	SMAC RUNNING CLUB	1:18.62
14	Caroline Weisgerber	SMAC RUNNING CLUB	1:21.74
15	Liberty Anderson	IMMANUEL LUTHERAN SC	1:31.00

Event # 33 GIRLS Pentathlon 1500m Run

#MEET RECORD:A.Herriott SMAC Track 5:09.73 2013

1	Paige Murdock	SMAC RUNNING CLUB	5:18.90
2	Sophia Taylor	SMAC RUNNING CLUB	5:40.36
3	Aly Prasinis	MOTHER TERESA	5:42.37
4	Maria Weyer	ST. IGNATIUS	6:19.75
5	Rachel Tebbe	ST. FRAN. DESALES L	6:31.35
6	Keelin Elmer	OUR LADY OF GRACE	6:38.89
7	Kaylee Pham	HOLY FAMILY (MIDDLET	6:42.73
8	Emma Trusock	MOTHER TERESA	6:44.72
9	Payton Robinson	SMAC RUNNING CLUB	6:46.49
10	Jasmine Haas	ST. THOMAS MORE	6:51.29
11	Ellie Scheffter	ST. LOUIS	7:02.19
12	Julia Brisken	SMAC RUNNING CLUB	7:07.98
13	Caroline Weisgerber	SMAC RUNNING CLUB	7:15.82
14	Megan Raab	ST. LOUIS	7:36.55
15	Liberty Anderson	IMMANUEL LUTHERAN SC	9:10.19

2017 SMAC Running Club, 7th-8th Grade SMAC Track Meet

East-West All-Star Invitational

4/30/2017

4/29/17 - 4/29/17

Milford High School

Event # 35 GIRLS Pentathlon Long Jump

#MEET RECORD:M.Weaver St. James 14'07.75" 2008

1	Emma Trusock	MOTHER TERESA	14'09.00" #
2	Jasmine Haas	ST. THOMAS MORE	14'05.50"
3	Paige Murdock	SMAC RUNNING CLUB	14'03.00"
4	Rachel Tebbe	ST. FRAN. DESALES L	14'01.00"
5	Aly Prasinis	MOTHER TERESA	13'06.50"
6	Sophia Taylor	SMAC RUNNING CLUB	13'02.00"
7	Kaylee Pham	HOLY FAMILY (MIDDLET	12'08.00"
8	Julia Brisken	SMAC RUNNING CLUB	12'07.50"
9	Ellie Scheffter	ST. LOUIS	11'11.00"
9	Maria Weyer	ST. IGNATIUS	11'11.00"
11	Megan Raab	ST. LOUIS	11'03.00"
12	Liberty Anderson	IMMANUEL LUTHERAN SC	10'01.00"
13	Payton Robinson	SMAC RUNNING CLUB	9'11.00"
14	Caroline Weisgerber	SMAC RUNNING CLUB	9'10.00"
15	Keelin Elmer	OUR LADY OF GRACE	8'04.00"

Event # 37 GIRLS Pentathlon Shot Put

#MEET RECORD:M.Ricketts Mars Hill Academy 32'10.00" 2016

1	Rachel Tebbe	ST. FRAN. DESALES L	27'05.00"
2	Jasmine Haas	ST. THOMAS MORE	24'00.00"
3	Kaylee Pham	HOLY FAMILY (MIDDLET	23'11.00"
4	Emma Trusock	MOTHER TERESA	23'08.00"
5	Paige Murdock	SMAC RUNNING CLUB	23'07.00"
6	Ellie Scheffter	ST. LOUIS	22'01.00"
7	Liberty Anderson	IMMANUEL LUTHERAN SC	21'06.00"
8	Payton Robinson	SMAC RUNNING CLUB	20'08.00"
9	Maria Weyer	ST. IGNATIUS	19'07.00"
10	Aly Prasinis	MOTHER TERESA	19'05.50"
11	Megan Raab	ST. LOUIS	19'03.00"
12	Caroline Weisgerber	SMAC RUNNING CLUB	17'08.00"
13	Keelin Elmer	OUR LADY OF GRACE	17'06.00"
14	Sophia Taylor	SMAC RUNNING CLUB	17'02.00"
15	Julia Brisken	SMAC RUNNING CLUB	16'02.00"